

Curriculum Home Learning

Week Beginning 14.02.22

Remember to send your home learning to your teacher.

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This week...

- Day 1- Comparing pre-history to now.
- Day 2 - Spanish- Animals
- Day 3- PE
- Day 4- PSHE- Random Acts of Kindness
- Day 5 Music - Composing and performing

Today we are comparing life in pre-history to life now.

What areas of life did we look at from pre-history?

Houses/dwellings

Clothes

Food

Transport

Art

Write in your home learning books.

What was the same or different about houses?

Same

Different

Write in your home learning books.

What was the same or different about the clothes?

Same

Different

Write in your home learning books.

What was the same or different about the Art?

Same

Different

Let's end the day with a guided meditation.

FOFBOC

[Space Breathing \(Peace Out: Guided Meditation for Kids\) | Cosmic Kids - YouTube](#)



Day 2 Spanish

Hola



Day 2- Spanish!

Can you recap the sounds?
What sound does your name begin with?

A  ah	J  hota	R  erre
B  beh	K  ka	S  esse
C  theh	L  elleh	T  teh
D  deh	M  emeh	U  ooh
E  eh	N  eneh	V  oohveh
F  ehfeh	Ñ  enyeh	W  doble-oohveh
G  heh	O  oh	X  ehkis
H  ache	P  peh	Y  yeh
I  ee	Q  kuu	Z  thehta

Can you practise saying the animals below in Spanish?



Keep practising what we have already learned in Spanish.

- [Numbers - 2nd level Spanish - BBC Bitesize](#)
- You can find a lot of videos to help you on BBC Bitesize.

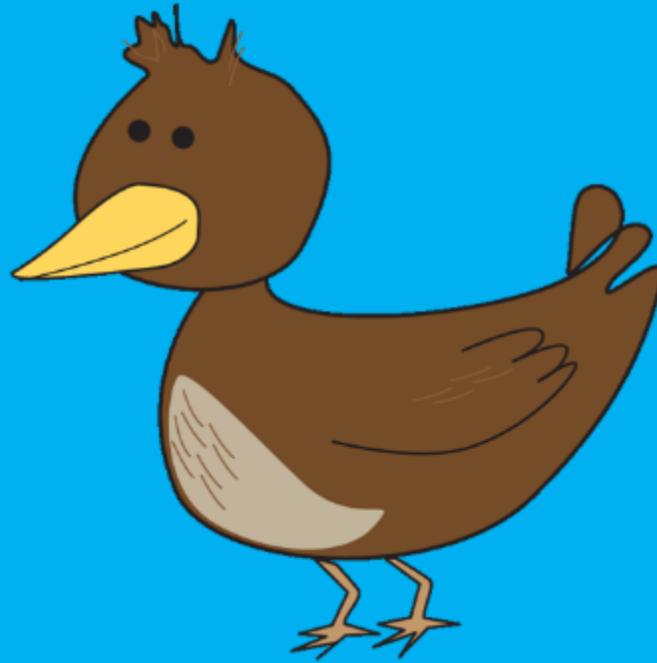
Can you practise saying the animals below in Spanish?

un león 🔊



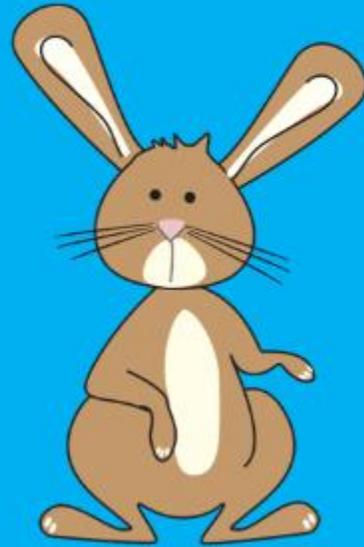
Can you practise saying the animals below in Spanish?

un pájaro 🔊



Can you practise saying the animals below in Spanish?

un conejo 



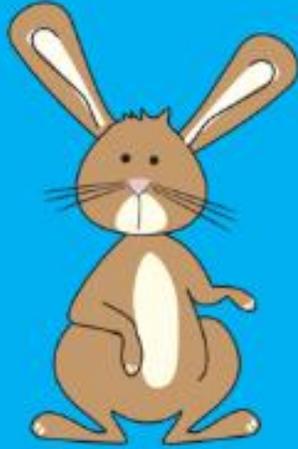
Can you practise saying the animals below in Spanish?

un caballo 🔊

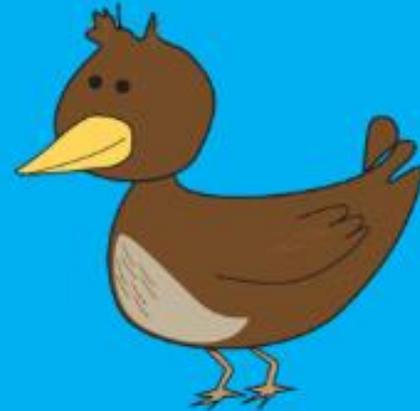


ANGELS

Which animal is it?



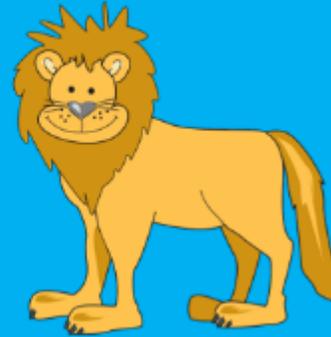
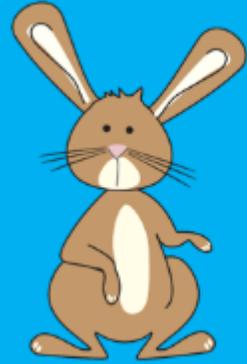
un león



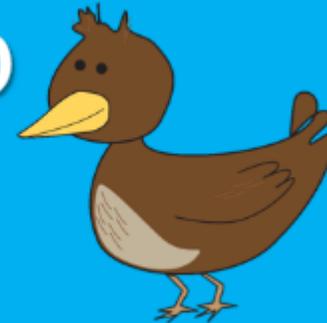
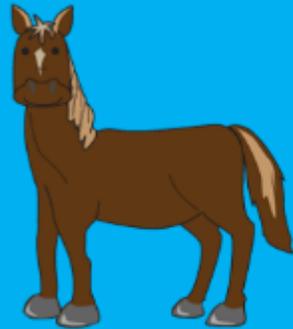
It is a lion!



Which animal is it?



un caballo



It is a horse!



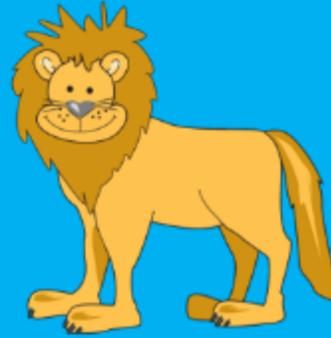
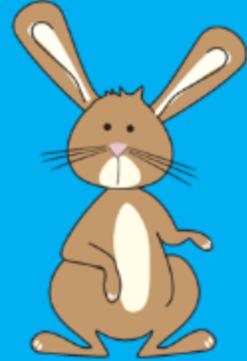
Which animal is it?



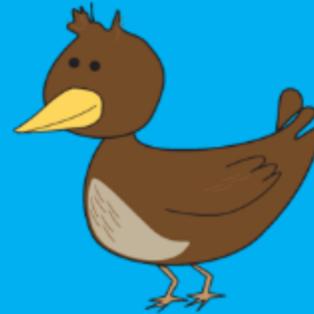
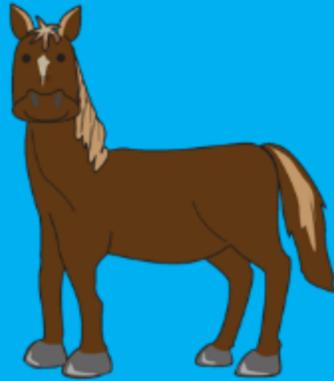
It is a rabbit!



Which animal is it?



un mono



It is a monkey!



un mono



LANGUAGE ANGELS

Which animal is it?



It is a bird!



Day 3-

PE

Warm up!

Its important to warm up so your heart and
your muscles are ready for exercise!

It helps you to exercise better and it means
you don't cause yourself injury



Warm up!

10 Star jumps

20 high jump on the spot

1 minute of sprinting on the spot

10 x Reach to the sky and down to the ground!

Try to keep active if you can.

- [8 Minute Kids Workout With Spiderman | The Body Coach TV - Bing video](#)
- Remember Joe Wicks can help us stay fit and healthy.
- There is a link above or go onto YouTube for Joe Wicks Kids.

Other Activity Idea!
Dance to your favourite 3 songs!

How many minutes did you dance for?

How did you feel?

Was your heart beating fast?

Cool Down

Why do you need to cool down after exercise?

Its important to cool down after exercise so your heart rate and body temperature can return to normal!



Steps to cool down....

Make sure you find a space and get comfortable

Close your eyes and take some deep breaths in and out

Do this until you can feel your heart go to a normal
beat and you have cool down.

Remember to stretch up and down to look after your
muscles!



Day 4

PSHE!

This week we are learning about random acts of kindness.

Your task this week at home is to do something nice for each member of your family without them asking.

Remember it has to be a surprise! (Remember to keep safe when deciding what to do).

Write down what you did in your home learning book or send a picture to your class teacher.

Day 5

Music

Today you are going to continue to learn to sing
the song How Far I'll Go

Click on the link, read the lyrics and sing along.

[How Far I'll Go \(Lyrics\) - Moana/Vaiana - Bing video](#)

Think about what instruments you can hear here.

Further Challenge; What are the lyrics? What is the
genre?

What is NOTATION?

When you make up new music and need to remember it, you write it down using notation. Notation allows players to read the pitch and duration of the notes they are supposed to play.

We can write it down in different ways. Using pictures or symbols OR the correct notes.

Music is written , or composed using different notes.

This is called NOTATION.

The different notes last for different lengths of time.

Today we are going to learn the names of some of the notes and how long they last for.



Crotchets and Quavers

Crotchet



Quaver



We will look at the notes then find out how long they last for and then use claps to put notes together to compose a tune.

This is Crotchet

Crotchet



He is worth one beat

Clap four crotchets:

Clap, clap, clap, clap.

Now Let's Try Following Some Music



I will clap first, then you.

This is Quaver

(It's not a cheesy crisp!)

She has a little tail so we can tell the difference between a quaver and a crotchet.

She is worth **half** a beat.

Quaver



So we sometimes see two quavers together so they add up to **ONE** beat...

These Are the Quaver Twins

(They still aren't cheesy crisps!)

Their tails are joined together like they are holding hands to stick together.

They are worth one beat together...

Quavers



but they are twice as fast because they need to fit into the same one beat as a crotchet.

Now Let's Try Clapping Some Quavers

1

2

3

4



Now Try Mixing up Crotchets and Quavers and Spiders and Flies...

1



Fly

2



Fly

3



Fly

4



Spider

Try repeating it 4 times.

In your home learning books write your own pattern using crotchets and quavers. Then practise it by clapping.

1	2	3	4