





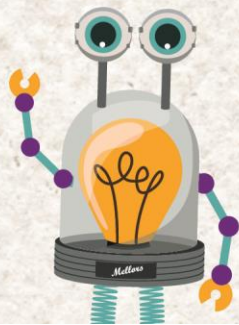


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chicken Pizza Potatoes Wedges	Beef Lasagne with Garlic Slice	Roast Piri Piri Chicken with Roast Potatoes	Keema Curry Served with Rice	Battered Fish with chips
VEGETARIAN MAIN DISH	Margarita Pizza Potatoes Wedges	Quorn & Vegetable Curry With Rice 	Quorn Hotdogs Roast Potatoes	Cheese and Onion Quiche Savoury Ric 	Veggie Burger in a Bun with Chips
ACCOMPANIMENTS 	Peas & Sweetcorn Salad bar	Green Beans Baton Carrot Salad bar	Cauliflower Broccoli Salad bar	Swede & Carrots Salad bar	Garden Peas Baked Beans Salad bar
DESSERTS	Apple Crumble and Custard 	Chocolate Crunch	Strawberry Mousse	Fruit Sponge & Custard 	Ice Cream Pot
FRESH FRUIT & YOGHURT 	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection



MENU



Fuel your afternoon with
a healthy school lunch
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION