



# HORTON GRANGE PRIMARY SCHOOL

*Celebrating Success Together*  
Spencer Road, Bradford, BD7 2EU.



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Dear parent/carer,

You may have noticed in the media that the government is cracking down on 'sugar' and how much sugar we are buying as consumers. You may also be aware that Bradford has some of the highest obesity rates in the UK. Taking this into consideration, alongside parental concerns, Horton Grange Primary School has also decided to take a stand against the amount of sugar in our processed foods.

Because of this, we will no longer be allowing chocolates, cakes, buns, sweets etc.. into school for children's birthdays. We will still be celebrating your child's birthday in the class with stickers and a song, but will no longer accept birthday foods.

By discouraging the regular consumption of sweets and chocolates, we are able to further educate and fulfill our role in helping your children to have healthy teeth as well as keeping the site free from litter.

Please see the following website for any further guidance or information on 'sugars' in our food:

<http://www.nhs.uk/livewell/goodfood/pages/sugars.aspx>

Likewise, download the following app:



I am sure you all agree this is a positive move to ensure the children in our community are leading fit and healthy lifestyles.

Thank you for your continued support.

